

RE Home Learning Ideas

1. Make the sign of the cross on your forehead, lips and heart. Say 'May Jesus be in my mind, on my lips and in my heart'.
2. Have a look around your home or garden for natural objects. Make them into the sign of the cross.



3. Find symbol or natural object like a shell, a cross, a leaf and hold it in your hand. Remember that Jesus is with us and that we all belong to God's family.
4. Hold your hand out in front of you. Curl your fingers round and make a fist of friendship - focus on one hand. Imagine each finger is a person in your life-
 1. a friend you are proud to have
 2. a person who needs your friendship
 3. a person you find difficult
 4. a person who needs your prayers.

Think about each person and curl your fingers up, holding them with your thumb.

Place both hands together like a bowl. In your mind place into the bowl a memory that makes you feel sad.

Blow on your hands to blow the memory away.

Get ready to listen to the Word of God, knowing that God is always our friend.

5. Find a safe comfortable place to sit. Close your eyes and imagine you are on a walk. Picture the beauty of the place where you are walking. Imagine that God joins you on the journey.

What would you tell God?

What might God say to you?

6. Breathe in and in your mind say 'Father, Son, Spirit'

Hold your breath and say 'Father, Son, Spirit'

Breathe out slowly and say 'Father, Son, Spirit'

Repeat a few times.

7. Find a few moments in the day to say thank you to God.

8. During the day, find a quiet place and say a prayer for someone in need.

9. Think of all the wonderful people that you know. Go and find them and tell them how much you love them.

10. Care for God's world by picking up a piece of litter or pick up something that is on the floor that shouldn't be there.

11. Greet someone with a smile.

12. Do something helpful at home. Help someone so that the job gets done in half the time, then you can do something fun like share a book.

13. Remember before you go to sleep to thank God for your day and say sorry for the times you have not lived out his message. Think of something that you can do tomorrow to bring a smile to someone's face.

14. Is there someone whom you need to forgive? How could you show that person that you have forgiven them?

15. Remember to use good manners all day! Say please and thank you with a big smile on your face.
16. Ask a grown up in your family if they have any packets of seeds for you to look at. Look at the very tiny seeds and hold one in your hand. God knew all about you before you were as big as the seed.
17. Plant the seed to grow, praying to God for his love.
18. Paint lots of hand prints in lots of different colours. When they are dry, cut them out and make a beautiful picture. Say "You made every little part of me. I am alive. Thank you, Wonderful God".
19. Use collage materials to express God's wonderful creation. When you've finished, say a prayer thanking God for his creation.